Program overview and registration form
INVITATION

Conference partners The Rural Clinical School of Western Australia (WA) and Rural Health West invite you to the fourth annual Rural Clinical School conference and inaugural joint conference with Rural Health West – Building the Future of Rural Health. This conference will be held in collaboration with the Kimberley Aboriginal Medical Services Council and the Kimberley Division of General Practice Ltd.

The conference and associated events will be held at Cable Beach Club Resort, Broome Western Australia from Wednesday 5 May to Saturday 8 May 2010. It is anticipated that attendees will include general practitioners, researchers, health professionals and policy makers involved in rural and regional health care.

We look forward to welcoming you to Broome.

Cover photo:
Courtesy Associate Professor of Rural and Remote Medicine and Pilbara Medical Coordinator, Robert Whitehead

KEYNOTE SPEAKERS

Professor Jon Odland
Professor Odland is a gynaecologist, obstetrician and a Professor of epidemiology and international health at the University of Tromsø, Norway. He is the Scientific Editor for the International Journal of Circumpolar Health. His special interests are reproductive health, Indigenous health and human rights, environmental health and networking with colleagues on a global basis. His main aim is to access compatible information to improve the health conditions of all Indigenous peoples of the world, especially in the context of climate change.

Dr Alex Brown
Dr Alex Brown is an Indigenous doctor, who has been working in Aboriginal health, Aboriginal health education, policy, communicable disease control, service delivery and public health, epidemiology, research and research ethics for the last nine years. Dr Brown is currently the head of the Centre for Indigenous Vascular and Diabetes Research, for the Baker IDI Heart and Diabetes Institute, based in Alice Springs.

Dr Brown’s research interests include Indigenous cardiovascular disease disparity and its determinants, clinical and epidemiological cardiovascular research, chronic disease policy development, health services research, Indigenous male health and unpacking the psychosocial determinants of Indigenous health.

Ms Sharon Reid
Ko Maungahaumi te Maunga
Ko Waipaoa te Awa
Ko Takitimu te Marae
Ko Te Whanau a Kai Nga Potiki te Hapu
Ko Te Aitanga a Mahaki te Iwi
Ko Sharon Reid ahau

Sharon Reid is a dynamic Maori speaker. She is one of six managers of a Maori Health Provider Service who is responsible for several programs that are based in an urban Marae setting in Lower Hutt, Wellington New Zealand. Her experience is in the establishment and operation of health services for Maori and the delivery of holistic health services.

Sharon’s passion is in supporting the growth and development of Whanau, Hapu and Iwi (Tangata Whenua) within a Maori worldview.
WHO SHOULD ATTEND?

General practitioners, specialists, career medical officers, GP registrars, hospital medical staff, researchers, medical students, nurse practitioners, nurses, practice nurses, nursing students, Aboriginal health workers, allied health practitioners, administrators and policy makers involved in rural and regional health care.

CONTRIBUTION WORKSHOPS

Research workshop
As a pre-conference event, Rural Clinical School WA Broome unit and Kimberley Aboriginal Medical Services Council will be running a half day research development workshop. The aim of the conference is to encourage practical health research for rural and remote areas. The aim of the workshop is to assist people to advance the development of five to 10 research ideas or draft proposals. This workshop is aimed at anyone who would like to learn about developing a research project, from new researchers with no experience to those who have some experience but would like to discuss aspects of their proposal. No research experience is necessary.

Places are limited for this workshop and pre-conference work is required.

Mirena insertion practical workshop
This highly interactive upskilling session and clinical update on inserting the Mirena IUS will be facilitated by Dr Panos Maouris from King Edward Memorial Hospital. During the workshop, you will have the opportunity to practise insertions using dummies. Supporting clinical materials will be provided for all attendees. This session is suitable for doctors who have no previous experience with inserting the Mirena IUS or doctors who have not inserted the Mirena IUS recently and wish to refresh their skills. This workshop is provided for rural general practitioners by Bayer.

Breakfast will be served at the workshop.

Pre-registration is required to attend this workshop.

Medical Specialist Outreach Assistance Program (MSOAP) obstetrics training for GP obstetricians and midwives
Rural Health West is pleased to provide MSOAP obstetrics training for GP obstetricians and midwives on Saturday 8 May 2010 at Broome Hospital. Facilitated by senior King Edward Memorial Hospital staff, it will assist GP obstetricians and midwives to work as a team thus effectively managing obstetric cases and emergencies. There will be an opportunity to discuss cases with the presenting team and practise techniques on obstetric models.

Places are limited and priority will be given to Kimberley GP obstetricians and midwives. General practitioners working the region’s emergency department will also be given consideration.

Rural Health West education workshop: Neurological emergencies
This one-day workshop covers both common and life-threatening Neurological Emergencies including lumbar punctures, occipital nerve blocks and more. Facilitated by specialists from The University of Western Australia Discipline of Emergency Medicine in an interactive format, teaching methods include small group discussions, case scenarios, short lectures and practical workshops.

A workshop fee of $250.00 is required to confirm your place and includes the course text ‘On Call’. Places are very limited and will be allocated strictly in order of the date of receipt of registration form and payment.

The MSOAP Obstetrics training and Neurological Emergencies workshops are accredited for RACGP and ACRRM continuing development points and are approved for the Training for Rural and Remote Procedural GPs Program grant. Please contact your relevant college before attending training if you wish to apply for the grant.
### Wednesday 5 May 2010

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.00pm-1.30pm</td>
<td>Registration desk opens / Lunch for Rural Clinical School Coordinators only</td>
</tr>
<tr>
<td>1.30pm-3.30pm</td>
<td>Rural Clinical School WA Medical Coordinators meeting</td>
</tr>
<tr>
<td>3.30pm-4.00pm</td>
<td>Afternoon tea</td>
</tr>
<tr>
<td>4.00pm-5.30pm</td>
<td>Rural Clinical School WA Medical Coordinators meeting</td>
</tr>
</tbody>
</table>

### Thursday 6 May 2010

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00am-4.30pm</td>
<td>Registration desk open</td>
</tr>
<tr>
<td>8.30am-12.00pm</td>
<td>Rural Clinical School WA Research Workshop</td>
</tr>
<tr>
<td>12.00pm-1.00pm</td>
<td>Welcome lunch</td>
</tr>
<tr>
<td>1.00pm-1.15pm</td>
<td>Conference opens / Welcome to Country</td>
</tr>
<tr>
<td>1.15pm-1.45pm</td>
<td><strong>Professor Max Kamien</strong>&lt;br&gt;<strong>Symposia – knowing the past informs the future</strong></td>
</tr>
<tr>
<td>1.45pm-2.30pm</td>
<td><strong>Dr Alex Brown</strong>&lt;br&gt;<strong>Keynote address</strong></td>
</tr>
<tr>
<td>2.30pm-3.00pm</td>
<td>Afternoon tea</td>
</tr>
</tbody>
</table>

### CONCURRENT SESSIONS

**Research focus stream – chronic disease**

- **Dr Jaye Martin**, WA Country Health Service – Kimberley<br>*Acute rheumatic fever and rheumatic heart disease: prevalence and management in northern Western Australia*
- **Ms Mary Whitty**, Kimberley Population Health Unit<br>*Increased awareness of acute rheumatic fever and rheumatic heart disease in Western Australia through a national disease control initiative*
- **Miss Michele Clark**, Queensland Health<br>*Acute rheumatic fever in Indigenous people in North Queensland: some good news at last?*
- **Miss Claire Vanderplank**, Diabetes WA<br>*Diabetes: live now and have hope for the future*
- **Ms Cynthia Porter**, Combined Universities Centre for Rural Health<br>*Diabetes in pregnancy impacts differently for Aboriginal women in Western Australia*

**Research focus stream – chronic disease panel discussion**

**Education and capacity development stream**

- **Mrs Lyn Brun**, PHCRED Western Australia<br>*Evaluation of a cultural training experience undertaken in a regional Aboriginal Medical Service (for basic registrars)*
### Thursday 6 May 2010

| 3.00pm-5.00pm | **Education and capacity development stream (continued)**  
|               | **Ms Sandra Angus**, Queensland Cervical Screening Program  
|               | *Building, supporting community capacity and developing culturally effective, culturally safe resources*  
|               | **Miss Corina Pesich**, Kimberley Aboriginal Medical Services Council (KAMSC)  
|               | *Development of the pilot KAMSC Medication Assistant Training Program*  
|               | **Dr Patrick Giddings**, Remote Vocational Training Scheme Ltd  
|               | *Distance education and remote supervision: the future*  
|               | **Education and capacity development stream panel discussion**

### Clinical focus stream

|                    | **Dr Harvey Coates**, ENT – Paediatrics  
|                    | *Presentation title to be confirmed*  
|                    | **Professor Kirsten Auret**, WA Country Health Service / Rural Clinical School WA  
|                    | *Palliative care emergencies*  

| 7.00pm-11.00pm | Conference dinner – Pearl Luggers, Broome

### Friday 7 May 2010

#### PRE-CONFERENCE WORKSHOP

| 7.00am-8.00am | Mirena insertion and removal workshop – available to GPs only  
|               | *Pre-registration is required to attend this workshop*  
| 8.30am-4.30pm | Registration desk open  
| 8.30am-9.15am | **Professor John Odland**  
|               | *Keynote address: circumpolar Indigenous health*

#### CONCURRENT SESSIONS

| 9.15am-10.40am | **Research focus stream**  
|                | **Dr Jason Tan**, Princess Margaret Hospital  
|                | *Vitamin D deficiency in Aboriginal children and adolescents in metropolitan and rural Western Australia*  
|                | **Dr Michael Lenney**, Office of Health Review  
|                | *Identifying and addressing the barriers for engaging Aboriginal people and communities in the health complaints process*  
|                | **Miss Emily Carroll and Miss Geraldine Shadforth**, Western Australian Centre for Health and Ageing, The University of Western Australia  
|                | *Putting research into practise: a partnership model for remote community care*  
|                | **Mrs Glaudine De Wet**, WA Country Health Service  
|                | *True culture, true care: improved outcomes for Indigenous mothers and babies*  

| 9.15am-10.40am | **Education/training stream – teaching workshop**  
|                | **Dr Andrew Kirke**, Rural Clinical School WA  
|                | *Pump the preceptor: workshop on teaching in general practice*
Friday 7 May 2010

CONCURRENT SESSIONS (continued)
9.15am-10.40am Clinical focus stream
Dr Mark Thomas, Royal Perth Hospital
Diabetes update – part one
Dr Fred Nagle, Ophthalmologist
Presentation title to be confirmed
Dr John Quintner, Pain Management Specialist
Pain management 101

10.40am-11.10am Morning tea

CONCURRENT SESSIONS (continued)
11.10am-12.10pm Research focus stream
Dr Timothy Skinner, Combined Universities Centre for Rural Health
Internet delivery self-management education for Type 1 Diabetes – blood glucose awareness training
Mrs Jackie Ward, Combined Universities Centre for Rural Health
Evaluation of a patient-held shared health care record for palliative care in a rural community of Western Australia
Ms Maree Gleeson, Rural Clinical School, University of Tasmania
Building capacity in rural research – supporting health professionals at the coalface!

Education/training stream – teaching workshop
Associate Professor Peter Arvier, Rural Clinical School, University of Tasmania
Rural Clinical School Graduates: are they better prepared for internship than their city colleagues?
Professor Kirsten Auret, Rural Clinical School WA
Bringing junior doctors to the country
Dr Andrew Lim, Fremantle Hospital
Broome time: life after the Rural Clinical School WA experience

Clinical focus stream
Dr Fiona Kay, WA Country Health Service – Kimberley
Paediatrics – presentation title to be confirmed
Dr Michael Tandon, Respiratory Physician, Hollywood Private Hospital
Respiratory emergencies

12.10pm-1.00pm Lunch

1.00pm-1.30pm Building rural and remote capacity – teaching and research panel discussion

1.30pm-2.15pm Ms Sharon Reid
Keynote Address

CONCURRENT SESSIONS
2.15pm-3.15pm Research focus stream – smoking cessation
Ms Philomena Lewis, Kimberley Aboriginal Medical Services Council (KAMSC)
Beyond the ‘Big Smoke’ – an Aboriginal Community Controlled Health Services approach to tobacco control in the Kimberley
Friday 7 May 2010

**CONCURRENT SESSIONS (continued)**

**Ms Sue Clarke, Ms Tracey Kitaura and Mr Brett Nelson**, Kimberley Aboriginal Medical Services Council / Derby Aboriginal Health Service / Ord Valley Aboriginal Health Service

*Be Our Ally, Beat Smoking (BOABS) study: the challenges and solutions to conducting research in remote Aboriginal community locations.*

- **Research focus stream – smoking cessation panel discussion**

**Clinical focus stream**

**Dr Panos Maouris**, Princess Margaret Hospital

*Presentation title to be confirmed*

**Dr Mark Thomas**, Royal Perth Hospital

*Diabetes update – part two*

---

**3.15pm-3.30pm** Afternoon tea

**CONCURRENT SESSIONS (continued)**

**3.30pm-4.45pm Research focus stream – STI**

**Ms Bronwyn Silver**, Menzies School of Health Research

*Reproductive health at risk: challenges associated with pelvic inflammatory disease in central Australia*

**Dr Janet Knox**, Kimberley Aboriginal Medical Services Council (KAMSC) – consultant

*Addressing gaps in management of low abdominal pain among women presenting to primary and tertiary health services in remote areas of Western Australia*

**Mr James Ward**, National Centre in HIV Epidemiology and Clinical Research

*Strive: STI in remote communities improving and enhancing primary health care*

- **Research focus stream – STI panel discussion**

**Clinical focus stream**

**Dr Tony Celenza**, Sir Charles Gairdner Hospital

*ED emergencies*

**Dr Harvey Coates**, ENT specialist

*Presentation title to be confirmed*

---

**4.45pm-5.20pm** Closing address

**5.30pm-6.30pm** Farewell event – poolside at Cable Beach Club Resort

Saturday 8 May 2010

**POST-CONFERENCE WORKSHOPS** *(Pre-registration is required to attend these workshops)*

**8.30am-4.30pm**

**MSOAP obstetric training for GP obstetricians and midwives**

Venue: Broome Hospital

*Limited places – priority will be given to Kimberley GP obstetricians and midwives*

---

**Neurological emergencies**

Venue: Cable Beach Club Resort

*Limited places*
Registration form

ACCOMMODATION

**Cable Beach Club Resort**

This five star resort has a number of accommodation options, all providing a sense of Broome’s unique character. From intimate studios to a luxury suite, an ocean view or set amongst quiet gardens, the choice is yours.

**Studio rooms**

- **$269.00 per night**

  Studio rooms sleep two people, including full buffet breakfast. There is a maximum of one rollaway bed or cot per room. Rollaway beds are charged at $50.00 per night, cots are complimentary upon request.

**Rural Health West** will book accommodation on your behalf at Cable Beach Club Resort. Credit card payment is required with registration to secure your booking.

For families requiring self-contained facilities; bungalows, villas and suites are available by contacting the resort for availability and rates.

---

**Additional Cable Beach accommodation**

It is your responsibility to book accommodation at the following establishments. Transport to and from Cable Beach Club Resort is included. The accommodation of your choice will not be provided.

**The Pearle of Cable Beach**

This five star hotel is a newly built resort set in a lush tropical setting and located a short stroll from Cable Beach.

- **Guest room from $325 per night**
  - Sleeps two people

For more information or to book please call 08 9194 0900 or visit www.thepearle.com.au

**Seashells Resort Broome**

This four and a half star resort has stylish, fully self-contained apartments and bungalows, nestled amongst lush gardens and is located just 300 metres from Cable Beach.

- **One bedroom apartment from $295 per night**
  - Sleeps two people

For more information or to book please call 08 9192 6111 or visit www.seashells.com.au/resorts/broome

**Broome Beach Resort**

This four star resort is located in the heart of Cable Beach, a five minute walk to Cable Beach.

- **One bedroom apartment from $250 per night**
  - Sleeps two people

For more information or to book please call 08 9158 3300 or visit www.broomebeachresort.com

**The Frangipani Resort**

This four and a half star property offers one, two, three and four bedroom fully self-contained apartments.

- **One bedroom apartment from $245 per night**
  - Minimum of three night stay
  - Sleeps two people

For more information or to book please call 08 9195 5000 or visit www.thefrangipani.com.au

**Beaches of Broome**

This three and a half star resort offers affordable accommodation. You will experience the ultimate in backpackers resort accommodation located a short stroll from Cable Beach.

- **Double/Twin rooms with ensuite from $180 per night**
  - Sleeps two people
  - Includes continental breakfast

For more information or to book please call 08 9192 6665 or visit www.beachesofbroome.com.au

**Cable Beach Backpackers**

Cable Beach Backpackers offers classic Backpacker style rooms, such as dorms and private rooms. All amenities, showers and toilets are on a shared basis.

- **Double/Twin rooms airconditioned from $75 per night**
  - Sleeps two people

For more information or to book please call 08 9193 5511 or visit www.cablebeachbackpackers.com
Building the Future of Rural Health

CONFERENCE REGISTRATION FORM

Cable Beach Club Resort, Broome 5-8 May 2010

Post to Leesa Foote, Rural Health West
PO Box 433 Nedlands WA 6909

Telephone 08 6389 4538 • Facsimile 08 6389 4501
Email events@ruralhealthwest.com.au

ABN 29 123 188 367

Title __________ First name __________________________ Surname __________________________

Practice/organisation __________________________

Job title [ ] GP [ ] Registrar [ ] Nurse [ ] Specialist [ ] Researcher [ ] Student [ ] Other

Address __________________________

Telephone __________________________ Fax __________________________ Email __________________________

Special dietary requirements __________________________

Accompanying partner’s name __________________________ Children and ages __________________________

Special dietary requirements __________________________

REGISTRATION FEES

Rural Clinical School of WA staff member [ ]

Workshops Places are limited. Some workshops qualify for the $2000 upskilling grant.*

<table>
<thead>
<tr>
<th>Workshop</th>
<th>No charge</th>
<th>Research workshop</th>
<th>Obstetrics training*</th>
<th>Neurological emergencies*</th>
<th>Mirena workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>RCS Medical Coordinators meeting</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
</tr>
<tr>
<td>Research</td>
<td>[ ]</td>
<td>No charge</td>
<td>No charge</td>
<td>[ ]</td>
<td>No charge</td>
</tr>
<tr>
<td>Obstetrics training*</td>
<td>No charge</td>
<td>No charge</td>
<td>No charge</td>
<td>[ ]</td>
<td>No charge</td>
</tr>
<tr>
<td>Neurological emergencies*</td>
<td>[ ]</td>
<td>[ ]</td>
<td>[ ]</td>
<td>$250</td>
<td>No charge</td>
</tr>
<tr>
<td>Mirena workshop</td>
<td>No charge</td>
<td>No charge</td>
<td>No charge</td>
<td>No charge</td>
<td>[ ]</td>
</tr>
</tbody>
</table>

Conference Conference registration entitles you to attend the conference on Thursday and Friday, the conference dinner and farewell event.

<table>
<thead>
<tr>
<th>Category</th>
<th>Early bird (by 19 April 2010)</th>
<th>Standard (later than 19 April 2010)</th>
</tr>
</thead>
<tbody>
<tr>
<td>GPs and specialists</td>
<td>$600</td>
<td>$650</td>
</tr>
<tr>
<td>Registrars</td>
<td>$500</td>
<td>$550</td>
</tr>
<tr>
<td>Students</td>
<td>$200</td>
<td>$200</td>
</tr>
<tr>
<td>Others</td>
<td>$400</td>
<td>$450</td>
</tr>
</tbody>
</table>

Social program Please indicate your attendance at the social events

<table>
<thead>
<tr>
<th>Event</th>
<th>Delegate – no charge</th>
<th>Additional attendees __________@ $110 each</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conference dinner</td>
<td>[ ]</td>
<td></td>
</tr>
<tr>
<td>Farewell Event</td>
<td>[ ]</td>
<td></td>
</tr>
</tbody>
</table>

Accommodation Rural Health West will book accommodation on your behalf at Cable Beach Club Resort. Credit card payment is required with registration to secure your booking. Accommodation bookings close Thursday 19 April 2010 and are subject to availability at time of registration.

<table>
<thead>
<tr>
<th>Accommodation</th>
<th>Check-in date ________</th>
<th>Check-out date ________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cable Beach Club Resort – Studio room $269.00 per night</td>
<td>[ ]</td>
<td></td>
</tr>
</tbody>
</table>

Travel Available only to Kimberley general practitioners

Fuel costs for transport to the conference (when using private vehicle) will be reimbursed if original Tax Invoices/receipts are forwarded to Rural Health West. For scheduled flight bookings, please contact Kathy at The Corporate Traveller on 08 9215 9000 or by email kathy.cameron@corporatetraveller.com.au

If suitable scheduled flights are unavailable, a charter flight will be arranged. Please tick this box and you will be contacted on receipt of registration.

Payment details Cheque enclosed (payable to Rural Health West) OR please debit my

Visa / Mastercard (please circle) [ ] [ ] [ ] [ ] [ ] [ ] [ ]

Expiry Date ______ / ______

Name on card __________________________ Cardholder’s signature __________________________

GRAND TOTAL $ ________________
Contact details:
Leesa Foote
Events Coordinator
Level 2, 10 Stirling Highway Nedlands WA 6009
PO Box 433 Nedlands WA 6909
T 08 6389 4538
F 08 6389 4501
E events@ruralhealthwest.com.au
W www.ruralhealthwest.com.au